State of Vermont Executive Department A Proclamation

WHEREAS, one in five individuals are living with a mental health

condition in the United States; and

WHEREAS, Vermont, like the rest of the nation, is addressing mental

illness and substance use challenges by combining effective promotion, prevention, treatment and recovery support,

focusing on strengths and promoting resilience; and

WHEREAS, the health, well-being and quality of life of all Vermonters is

impacted by these chronic, yet treatable, health conditions, and virtually all Vermonters know someone in their network of

family or friends who is affected; and

WHEREAS, Vermont's mental health organizations continue to educate the

public and lawmakers about the effects of mental illness and substance use, and the value of treatment and long-term recovery; building capacity for trauma-informed care and best practice intervention and supports for people living with

developmental disabilities; and

WHEREAS, Vermont's Mental Health Advocacy Day is designed to

remind all Vermonters that mental health and substance use conditions can respond to proper and timely intervention, treatment, and recovery support services, including the support from peers who have had successful recovery experiences, and that people living with developmental and intellectual disabilities are equal members and willing

contributors to our communities.

NOW, THEREFORE, I, Philip B. Scott, Governor, hereby proclaim January 30, 2019

as

MENTAL HEALTH ADVOCACY DAY

in Vermont.

Given under my hand and the Great Seal of the State of Vermont on this 30th day of January, A.D. 2019.

Philip B. Scott

Governor

Brittney I Wilson

Secretary of Civil and Military Affairs